

# **POSITIVE AFFIRMATIONS**

1. I ENJOY BEING ORGANIZED AND PROFESSIONAL IN MY BUSINESS AND IN THE WAY I DEAL WITH PEOPLE.
2. I AM SUCCESSFUL AND EFFICIENT IN MY WORK, HOME, AND BUSINESS.
3. I AM IN FULL CONTROL OF MY SCHEDULE AND USE MY TIME WISELY.
4. I ENJOY PLANNING MY WORK AND WORKING MY PLAN ON A DAILY BASIS.
5. I LOVE BEING A POSITIVE AND MOTIVATING HIGH ENERGY PERSON.
6. I ENJOY ENCOURAGING AND SHARING MY ENTHUSIASM WITH OTHERS.
7. I AM GREAT AT FINDING THE GOOD IN EVERYONE IN EVERY SITUATION.
8. I LOVE WORKING MY AMERICAN BENEFITS PLUS CAREER AND MEETING THE GOALS I SET DAILY, WEEKLY AND MONTHLY.
9. I AM A VERY ORGANIZED PERSON.
10. I ENJOY BEING HONEST WITH OTHERS AS WELL AS BEING HONEST WITH MYSELF.
11. I AM AN IMPORTANT AND VALUABLE PERSON.
12. I AM A GREAT TEAM PLAYER IN MY BUSINESS AND IN MY COMPANY.
13. I WAKE EACH MORNING TO DO THINGS TO MAKE MYSELF FEEL GOOD THROUGHOUT THE DAY.
14. I TAKE TIME TO LOOK AND FEEL MY BEST SO I AM PRODUCTIVE THROUGH THE DAY.
15. I CHOOSE TO BE IN FULL CONTROL OF MY ACTIONS AND ATTITUDE.
16. I ENJOY BEING A LOVING HUSBAND, WIFE, DAD AND MOTHER AND EXPRESSING IT.
17. I AM PATIENT, ESPECIALLY WITH THOSE I LOVE MOST.
18. I FIND IT REWARDING TO WATCH OTHERS GROW AS I ALLOW THEM TO ASSUME LEADERSHIP ROLES.
19. I LOOK FOR THE BEST IN OTHERS RECOGNIZING THIS DRAWS OUT THE BEST IN THEM.
20. EACH DAY I LIST IN ORDER OF THEIR IMPORTANCE THE THINGS I WANT TO ACCOMPLISH AND FEEL GREAT SATISFACTION AS I CROSS OFF THE THINGS I'VE DONE.