



K-TIP:



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ALL PERSONAL GROWTH INVOLVES CHANGE

Personal growth is the process of responding positively to change.
It involves risk as you step from the known to the unknown.
All your growth will depend on your activity.
Your strength and growth will come only through continuous effort and struggle.
There will be no development without effort.

Trouble is the common denominator of living.
It is the great equalizer of life.
Your trials, your sorrows and your grief's will develop you.
When good or bad fortune comes your way,
you must give it meaning and transform it into something of value.

What happens to you is not as important
as your reaction to what is happening.



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